

*Pelicans are pleased to offer
a Gluten Free menu*

*Please ensure that you mention when ordering at the
counter that you are ordering from the
“Gluten Free Menu”*

*Our staff will ensure that Chef is aware of the importance
of the order*

*Pelicans would greatly appreciate any ideas to add to our
menu!*

*Our “bun less burgers” and many of the following meals
are served with chips*

*Our staff will have to check with chef if the chips we are
using on the day are suitable*

This menu also shows our Sunday surcharge prices

Celiac Menu

<i>Starters</i>	<i>Price</i>	<i>Sunday Price</i>
<i>Side Salad - finished w basil aioli (v, g)</i>	<i>5.00</i>	<i>5.50</i>
<i>Chips - bowl, generous serve- gravy optional (g)</i>	<i>5.00</i>	<i>5.50</i>
<i>Oysters - "Sydney Rock" see special board for availability and variety</i>		<i>market price</i>
<i>Salads</i>	<i>Price</i>	<i>Sunday Price</i>
<i>Light Hearted Salad - w cucumber, tomato, spanish onion, pine nuts, carrot & parmesan cheese, dressing optional (g)</i>	<i>12.90</i>	<i>12.20</i>
<i>w Chicken Breast Fillet - grilled (g)</i>	<i>16.90</i>	<i>18.50</i>
<i>Crispy skinned Atlantic Salmon Salad, flaked through spanish onion, tomato, fresh asparagus & caper aioli (g)</i>	<i>19.90</i>	<i>21.90</i>
<i>Traditional Caesar - baby cos, egg, bacon, parmesan fresh parmesan cheese & our own dressing (g)</i>	<i>13.90</i>	<i>15.30</i>
<i>Chicken - traditional caesar w breast fillet chicken (g)</i>	<i>16.90</i>	<i>18.50</i>
<i>Prawn - caesar w seared garlic prawns (g)</i>	<i>17.90</i>	<i>19.70</i>

Celiac Menu

<i>All burgers served open, with a side of chips</i>	<i>Price</i>	<i>Sunday Price</i>
<i>Steak Burger - scotch fillet w salad, onion tomato sauce</i>	<i>12.90</i>	<i>14.20</i>
<i>Chicken Caesar Burger - chicken breast fillet, baby cos lettuce, bacon & parmesan cheese with caesar dressing</i>	<i>14.90</i>	<i>16.40</i>
<i>Avocado Chicken Burger - seared breast fillet w avocado spanish onion & salad w sweet chilli mayo</i>	<i>16.90</i>	<i>18.50</i>
<i>"Pelicans Prime" - 150gm scotch fillet steak, bacon & egg cheese, salad, caramelized onion, tomato sauce</i>	<i>16.90</i>	<i>18.50</i>

<i>Chicken</i>	<i>Price</i>	<i>Sunday Price</i>
<i>Choice of - mash potato and fresh seasonal vegetables or chips and salads w the following selections</i>		
<i>Chicken Avocado- breast fillet, napoli sauce, avocado spanish onion, sun dried tomato, melted cheese (g)</i>	<i>22.90</i>	<i>25.90</i>
<i>Roast Duck Maryland - w sticky brandy orange sauce (g)</i>	<i>22.90</i>	<i>25.00</i>
<i>Chicken Curry - green, thai style on jasmine rice (g)</i>	<i>17.90</i>	<i>19.50</i>
<i>Tuscan Chicken</i>	<i>20.90</i>	<i>23.00</i>
<i>breast fillet w kalamata olives, mushrooms shallots, fetta in napoli sauce on jasmine rice and fresh vegetables (g)</i>		

<i>Beef - all Grain Fed</i>	<i>Price</i>	<i>Sunday Price</i>
<i>Choice of - mash potato and fresh seasonal vegetables or chips and salads w the following selections</i>		
<i>Brandy &Peppercorn Scotch - tender fillet w choice of sides (g)</i>	<i>27.90</i>	<i>30.50</i>
<i>Surf &Turf - seared prawns & scallops in creamy garlic sauce (g)</i>	<i>28.90</i>	<i>31.50</i>
<i>Choice of</i>		
<i>500gm Rump steak</i>		

Celiac Menu

<i>350gr scotch fillet steak (g)</i>	<i>30.90</i>	<i>33.00</i>
<i>Prime Rump Steak</i>	<i>24.90</i>	<i>27.00</i>
<i>500gm on chips & salad, choice of sauce (g)</i>		
<i>Scotch Fillet</i>	<i>24.90</i>	<i>27.00</i>
<i>350gm w your choice of sauce w chips & salad (g)</i>		
<i>T- Bone</i>	<i>23.90</i>	<i>26.00</i>
<i>350gm on chips & salad, with your choice of sauce (g)</i>		
<i>Gravy - pepper, traditional</i>	<i>1.50</i>	
<i>or mushroom</i>	<i>2.00</i>	
<i>Mixed Grill</i>	<i>25.90</i>	<i>25.90</i>
<i>350gm T-Bone bacon, egg, sausage, tomato chips, gravy (g)</i>		
<i>Good old "Bangas & Mash" vegetables & gravy (g)</i>	<i>10.90</i>	<i>12.00</i>
<i>Lamb Shanks</i>	<i>22.90</i>	<i>22.90</i>
<i>slow cooked lamb shanks, melt in your mouth! Italian style, on mash and veg (g)</i>		
<i>Seafood</i>	<i>Price</i>	<i>Sunday Price</i>
<i>Choice of - mash potato and fresh seasonal vegetables or chips and salads w the following selections</i>		
<i>Roasted Snapper Fillet - wrapped in bacon finished in a creamy honey mustard sauce (g)</i>	<i>22.90</i>	<i>25.00</i>
<i>Perch Fillet - grilled fillet, topped in king prawns, w creamy</i>	<i>22.90</i>	<i>25.00</i>

Celiac Menu

garlic chardonnay sauce (g)

Creamy Garlic Prawns - on jasmine rice (g) 19.90 21.90

*Thai Seafood Curry- fish, calamari, prawns, scallops on
jasmine rice (g)* 22.90 25.00

*Oysters - market
"Sydney Rock" see special board for availability and variety price*

Pasta Selection Price Sunday
Price

see special board for our current pasta choice

*The below sauces can be served on jasmine rice as a
Gluten free option*

all pastas are finished w fresh parmesan cheese

Bolognese - traditional meat & tomato sauce 13.90 15.30

Napolitana - authentic chunky tomato & onion sauce (v) 13.90 15.30

Mixed Vegetable 13.90 15.30
fresh vegetables, finished in a tomato & garlic sauce (v)

Carbonara 15.90 17.50
creamy bacon and parmesan sauce

Boscaiola 15.90 17.50
bacon & mushroom cream sauce

Creamy Garlic Prawn 19.90 21.90
seared prawns & shallots in a creamy garlic sauce

Prawns - Gamberi 19.90 21.90

Celiac Menu

bacon, lime & sweet chilli sauce

Marinara

19.90

21.90

fish, scallops, calamari, & prawns in napoli sauce